

INTEGRATIVE CANCER CARE COMES TO TERRACE

InspireLIFE BC

Powerful Ways to Improve Recovery and Survival



Connect with InspireHealth province wide

We at InspireHealth are delighted to announce that those living with cancer province wide can now benefit from our innovative new program - InspireLIFE BC - a virtual program with local and online components.

InspireLIFE BC is a unique cancer care program that allows those who live in rural and remote areas of BC, access to InspireHealth's renowned two-day LIFE program and follow up support via access to online classes and a cancer recover community network.

[The LIFE Program](#) is a life-changing experience that provides powerful tools to improve health, recovery, and survival. Over two days participants learn about the body's innate healing capacity, the latest scientific research in integrative care, and how to integrate natural approaches to healing with conventional treatments. It is an opportunity to learn about the many options for better health and a better recovery.

For those with a cancer diagnosis, participation in InspireLIFE BC includes a 90 minute doctor consultation and follow-up visits with an integrative physician. Ongoing support is available through our online cancer recovery program, designed to assist you in staying on the path of health and recovery.

Our doctors are covered by the Medical Services Plan of BC, and work together with our patients' oncologists and family doctors. In doing so, we are able to work collaboratively and help to provide the best cancer care possible.

The InspireLIFE BC program is for anyone who has been diagnosed with cancer who...

- Feels uncertain or overwhelmed by the diagnosis and its emotional impact.
- Wants to take charge of their life and health.
- Wants guidance to understand treatment options and create an action plan.
- Wants cutting-edge research on the latest developments in integrative cancer care.

- Wants help to stay on the path of healing and recovery.
- Want to learn and practice tools to reduce stress.



Would you like InspireHealth to come to your community?

Our next program is scheduled for Spring, 2012 and we are currently taking requests to establish the location for the program.

If you think those in your community would to benefit from InspireHealth and you would like to see integrative care available closer to home, contact us today!

InspireLIFE BC is coming to Terrace Sign up today!

InspireLIFE BC will launch in Terrace this March at the Skeen Valley Golf & Country Club. Two of our physicians, Dr. Teresa Clarke and Dr. Dana Hubler will host the program.

Those with a cancer diagnosis will receive:

- Two day LIFE Program.
- A 90 minute consultation with an InspireHealth medical doctor.
- A personalized health plan.
- A copy of the InspireHealth Integrative Cancer Care Guide.
- Access to our new online classes and cancer recovery community network.
- Tyze online personal support network.
- Access to the world's largest database of scientific research on integrative cancer care.

The fee for the one year program is only \$195 thank to the local fundraising efforts by Desire to Inspire, based in Terrace.

A cancer diagnosis touches more than just the individual who is diagnosed. For this reason, we encourage family members and loved ones to attend the program as a support person for a fee of \$65.

When: March 1, 9:00am - 4:30pm and March 2, 9:00am - 3:00pm.

Where: Skeena Valley Golf & Country Club, Terrace BC

Help spread the good news by forwarding this email to your loved ones in the north-west who may benefit from taking charge of their cancer diagnosis and optimizing recovery and survival.



Sign up today by calling 1-888-734-7125.

Teresa Clarke BSc, MD is a graduate of the University of British Columbia (MD1981). She practiced as a conventional physician for 10 years prior to developing an interest in integrative medicine. Dr. Clarke has a special interest in mind-body medicine and is trained in clinical hypnosis and acupuncture. She has been a physician at InspireHealth for the past ten years.



Dana Hubler BA, MD is a graduate of the University of Calgary (MD2002) and has practiced rural and remote medicine throughout BC and Canada. Her broad view of health and medicine led her to complete a Fellowship in Integrative Medicine at the University of Arizona. One of her greatest pleasures in medicine is seeing people start on their healing paths with empowerment and knowledge.

